Cape Girardeau MISSOURI



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CAPE GIRARDEAU, MISSOURI

WELCOME TO

Cape Girardeau MISSOURI

Quality facilities, superb planning assistance and a wide variety of pre-and post game options everybody wins when you play in Cape!

Conveniently located in the heart of the nation, Cape Girardeau is the largest community between St. Louis and Memphis. Approximately 110 miles from the population center of the U.S., Cape Girardeau is the perfect choice for convenience. Interstate 55 runs through the city while the Bill Emerson Memorial Bridge provides easy access for guests from Illinois, Indiana, Kentucky and Tennessee-making Cape Girardeau an easy, trouble free trip from almost anywhere.



Cape Jaycee Municipal Golf Course 573-334-2031 • Cityofcapegirardeau.org

- 18 holes lying amid 110 acreas of rolling, forrested hills
- Par 70/Front nine: Par 34/ Back nine: Par 36
- Water on 11 holes
- Putting green and warm-up net
- Pro shop with restrooms, snack bar, TV and lounge areas

Cape County Park North Disc Golf Course

573-335-4146 • Capecounty.us

- 18-hole disc golf course
- Moderately hilly and wooded
- Par 54/ DGCR SSE 47.2
- Asphalt tees and Mach 5 holes
- Restrooms
- Water fountains

Southeast Student Recreation Center

573-651-2652 gosoutheast.com

BASKETBALL

- 3 high school size courts with rubberized flooring
- 2 collegiate-size hardwood courts

VOLLEYBALL

- 5 full-size indoor volleyball courts
- 3 with rubberized flooring, 2 with hardwood floors

TRACK

- 4-lane, 170 meter indoor track with Mondo running surface
- · Long jump and pole vault area

Dalhousie **Golf Club** 573-332-0818

Dalhousiegolfclub.com

This private course has been ranked in the "Rolex Top 1,000 Courses in the World" and "Golfweek 2014 "Top 200 Modern Courses in US" - Ranked #135".

- 18 holes designed by Gary Nicklaus
- Spectacular 7400 yard par 72 layout
- Dalhousie Manor clubhouse
- Pro shop, driving range, practice facilities and cottages

Capaha Park Disc Golf Course

573-339-6340 • Cityofcapegirardeau.org

- 10-hole disc golf course
- Par 34/DGCR SSE 27.8
- Concrete tees
- DisCatcher holes
- Restrooms
 - Picnic Shelters
 - 1/4 mile, paved-walking path

Southeast Student Aquatic Center

573-651-2290 • Gosoutheast.com

- Competition pool with six 25-yard lanes
- 6 starting blocks
- 4-lane lap pool
- Colorado timing system with six-line LED scoreboard and touchpads
 - Locker rooms
 - 3 family changing rooms
 - Hot tub
 - Multi-purpose meeting room
 - Lounge area

West Park Lanes

573-334-1047 • Westparklanes.com

- 32 Brunswick Pro Anvil Lanes
- Quibica AMF automatic scoring
- Larger bowler and concourse area
- Pro shop
- Full-service bar and lounge
- Game room and snack bar

A.C. Brase Arena 573-339-6340 • Cityofcapegirardeau.org

Versatile, multi-purpose community center that offers more than 13,000 square feet of main floor space.

- 1 high school regulation indoor basketball court
- Portable scoreboard
- 2 full-size volleyball courts
- Seating capacity of 1800
- 18x32 stage and portable stage available
- · Ceiling height of 33'
- · Concession, kitchen and caterer areas
- Restrooms
- Sound system/PA
- 300 free parking spaces

Arena Grandstand

- Dirt area perfect for rodeos
- Seating for 4,000; half covered

Arena Sports Complex

- 9 youth baseball fields; 5 with lights
- 6 youth softball fields; 5 with lights
- 4 outdoor tennis courts with lights
- 2 outdoor sand volleyball courts with lights
- 7 concession stands
- 5 restrooms
- 9 picnic shelters with 80 picnic tables
- 3 playgrounds
- Adjoins Cape LaCroix Recreation Trail

Cape LaCroix Recreational Trail

573-339-6340 • cityofcapegirardeau.org

Meandering through some of the city's parks and varied scenery, the trail provides a travel corridor across the city.

- 5.67 miles of asphalt and concrete pavement
- Walking, running, cycling, skating and rollerblading

Capaha Field

Gosoutheast.com

Located just two blocks west of Southeast Missouri State University, Capaha field is owned and operated by the City of Cape Girardeau. Capaha Field recently underwent a 1.8 million renovation that featured all new synthetic turf. Other upgrades include a brand new scoreboard with video board, a new outfield fence, new bullpens, as well as other cosmetic upgrades.

- 1 Lit, semi-pro baseball field
- NCAA Division I standards
- Capacity: 2000
- Air-conditioned, state of the art press box with wifi, tv, kitchen, lounge, restroom
- LF-330; LC- 375; CF-400; RC-375; RF-330
- Height of the Fence: 9ft

Southeast Softball Complex

573-651-21056 • Gosoutheast.com

- 3 NCAA-Compliant, lighted fields
- Batting Cages
- · Dugouts with protective fencing
- · Windscreen along outfield wall
- Bleacher seating for 600
- · Large, air conditioned press box
- Concession stand
- Restrooms
- State of the art scoreboard

Sprigg Street Sports Complex

- 11-element low ropes course
- · 2 regulation athletic fields for lacrosse, ultimate frisbee, soccer and more

Redhawks Tennis Complex

573-651-2105 · Gosoutheast.com

• 8 regulation courts with lights

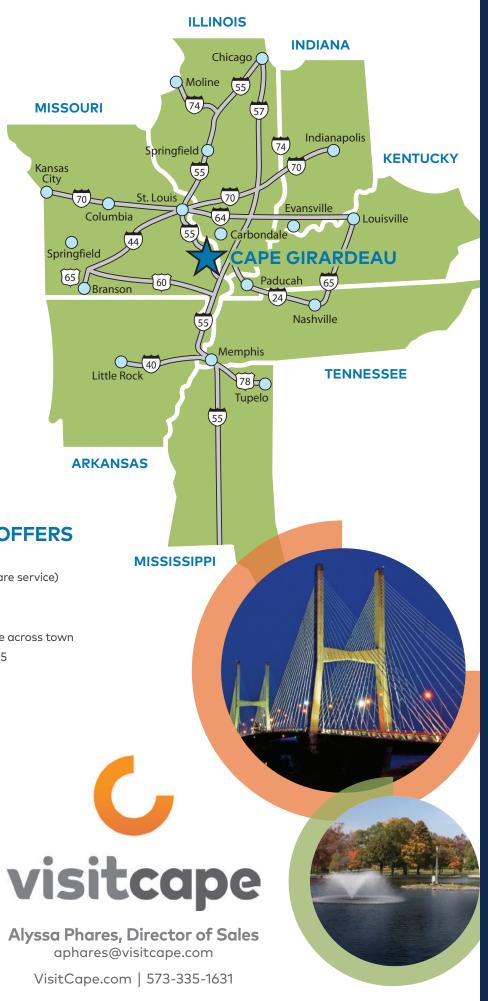
Central Municipal Pool

573-335-4040 • Cityofcapegirardeau.org

- · Gender-separated changing area with restrooms and showers
- 2 one-meter and 1 three-meter diving boards
- · Concession area during the summer
 - Diatomaceous earth filtration
 - 50 meters by 25 yards

DISTANCES FROM CAPE GIRARDEAU

Branson, MO... ...365 miles Chicago, IL.. ...334 miles Chillicothe, MO.. Cincinnati, OH385 miles Columbia, MO..... ...225 miles ..627 miles Dallas, TX... Hannibal, MO217 miles Jefferson City, MO 220 miles Kansas City, MO...... 350 miles Kirksville, MO... 304 miles Lebanon, MO..... 218 miles Louisville, KY...... 275 miles Memphis, TN..... 170 miles Nashville, TN 196 miles Oklahoma City, OK..... 603 miles Rolla, MO 158 miles Sikeston, MO30 miles Springfield, IL 218 miles Springfield, MO255 miles St. Louis, MO 115 miles





CAPE GIRARDEAU OFFERS

- Regional Airport
- 2 auto rentals + CarGo (Rideshare service)
- 900+ hotel rooms and suites
- Free Downtown Trolley
- Less than 15 minutes travel time across town
- Located directly on Interstate 55





• 3.5 to 13 feet deep

Hospitality room

Vending area







Show Me Center 573-651-2297 • showmecenter.biz

Home court for the Southeast Missouri State University Redhawks men's and women's basketball teams. Multi-purpose facility that has earned a national reputation for service and flexibility.

- 32,000 square feet
- 2 Indoor Volleyball Courts
- 2 Regulation Basketball Courts
- Portable floor and goals
- Shot clock
- Wrestling arena and portable stage
- · Gender-separated locker rooms
- 7 multi-purpose meeting rooms

• Box office, media room and concession area

- Maximum seating capacity from 2,500-7,600
- Internet access and teleconferencing
- 1,500 free parking spaces

Shawnee Park Sports Complex

573-339-6788 • Cityofcapegirardeau.org

120 acres of sports fun, this complex has hosted state and regional events for ASA, NSA, USA, USSSA and has hosted the Knights of Columbus National Softball Tournament.

- 3 full concession facilities and covered pavilions
- Air conditioned restrooms and changing rooms
- 500+ free parking spaces
- Adjoins the Cape LaCroix Recreation Trail

SOCCER/FOOTBALL

- 12 Soccer fields
- Five tier bleacher seating available at all fields; more bleachers available

SOFTBALL/BASEBALL

- 6 regulation fields with electric scoreboards and 300' fencing
- 2 lighted baseball fields with outfield fences at 330', center field at 375'
- Covered dugouts, each with water fountain

Shawnee Park Center

573-339-6346

Perfect location for your event registration

- 6500 square foot gym
- 1500 square foot meeting room
- 870 square foot fitness room
- 480 square foot kitchen

Osage

Centre

573-339-6342 Cityofcapegirardeau.org

Multi-purpose community center with 54,000 overall square feet.

- 2 regulation basketball courts
- 4 regulation volleyball courts, fully lined
- Indoor walking/running track
- Main area of 16, 677 square feet
- Seating capacity of 2,000; chairs only
- Ceiling height of 25' at sides and 40' at center
- 4 portable score boards and sound system
- 6 meeting rooms
- Internet access and portable stage
- Concession area and caterer prep area
- Open gym, weight room and fitness area
- · Adjoins Cape LaCroix Recreation Trail
- 585 free parking spaces

Houck Stadium

573-651-2227 • Gosoutheast.com

Opened in 1930, this stadium is one of the oldest stadiums west of the Mississippi River and serves as the home of the Southeast Missouri State University Redhawks football team and has hosted four OVC Women's Soccer Championships.

- Football field with stadium lights
- Outdoor soccer field
- Field turf artificial playing surface
- Press box
- Locker rooms and athletic training room
- Daktronics video scoreboard and lighting that meet TV standards
- Seating capacity of 10,000 including 400 chair back seats

Houck Field House 573-651-2227 • Gosoutheast.com

Home of the Southeast Missouri State University

- Soccer field and walking track
- 2 regulation -size volleyball courts with hardwood flooring
- Athletic training room
- 40,000 square foot building
- Seating capacity of 1,000
- Locker rooms and offices
- Sound system and scoreboard

573-651-2227 • gosoutheast.com

- 8-lane, all-weather outdoor track
- Seating capacity of 2,000
- \$800,000 renovation of resurfacing track and field runways, jumping areas and new fencing
- and restrooms

- Redhawks volleyball and women's gymnastics teams

Cape SportsPlex

573-339-6341 • www.capesportsplex.org

The Cape SportsPlex is a 121,000 sq. ft premier municipal indoor sports complex dedicated to providing for the engagement and growth of sporting events in the Southeast Missouri Region.

- 6 hardwood regulation basketball courts
- 12 hardwood volleyball courts
- 2 FIFA regulation indoor turf fields
- 4 Batting cages
- Portable spectator seating
- Scoreboards dedicated for each court/field
- Concession stand with full menu
- 3 multi-purpose meeting rooms
- Dining area
- Wi-Fi
- PA system
- 500 parking spaces

Abe Stuber Track and Field Complex

- 2,000 square foot building houses weight room, offices