



EVERYBODY PLAYS!

Youth Track

Run like the wind! Our youth track program is nothing short of sensational. Give your kid quality time...all of the time. Track is great fun and sure to be on the mark for getting into shape and having a hair raising good time. **RUN FOR IT NOW! THE FUN STARTS NOW!**



Tennis

Tennis players are healthy players. Its kid powered fun. Tennis is a great way to stay in shape and is truly a game that can be enjoyed for a lifetime. From strings to strokes ... Tennis has it all! **SERVE IT NOW!**

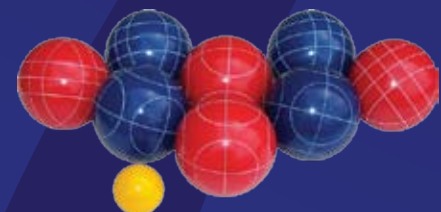
Adult Volleyball

Let's get physical! Our coed volleyball program is sure to make you smile. Volleyball is a great low impact sport that gets you active and is a great way for friends and family to connect. **SPIKE IT NOW!**



Weekend Warriors

Looking for weekend excitement? Start now and exercise your right to be healthy and fit by getting involved in our weekend activities and programs. **THE TIME TO BE HAPPY IS NOW!**



Bocce Ball (Coming Soon)

It's what legends are made of. This game truly has something for everyone. It's where generations come together to laugh and play in a relaxed environment of healthy outdoor activity for all abilities and ages. **SEE WHAT LEGENDS ARE MADE OF!**

Adult Football

Get into the Red Zone! Our passing league football program is putting the fun in motion. You can't touch the excitement with a 10-foot pole. **PASS IT NOW!**

SPONSORS... JOIN US!

Get a piece of the action. Help support the thousands of people within our programs creating a healthy thriving community. **NEIGHBORS AT WORK...TO BUILD A STRONG COMMUNITY!**

"The Sports Program is a superbly run community program. I am lucky to be a part of it"
Tim Siddiqui
Ciddici's Pizza

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MAKE THE HEALTHY CHOICE FOR YOU AND YOUR FAMILY WITH
RECREATIONAL SPORTS



Albany Parks & Recreation

There's no such thing as an off season!
THE NEXT SEASON IS NOW!

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THE NEXT SEASON IS NOW!

Adult Basketball

Can you feel the excitement? Were hooping! Our basketball program is sure to make the cut for great, healthy, family fun. **SHOOT IT NOW!**



Open Gym

Just wanna have fun? It's time to get to the gym. We offer open gym for basketball and volleyball from September thru March for those who want to just drop in and have some fun. Everybody plays its big entertainment. **BIG FUN!**



Adult Softball

What memories are you building? Get in on the action. Our softball program is fun for the whole family. It's sure to be a grand slam. **HIT IT NOW!**

Free Agent Players

Get with the program! If you don't have a team, sign up on our free agent list for the sport of your choice and let the team pick you. **SIGN UP NOW!**



Golf

Drive it, chip it, putt it ... Just hit it! Our youth and adult golf programs are a guaranteed smile-maker. The family that plays together stays together. Golf is the one sport that accommodates all ages playing together, creating family fun. **DRIVE IT NOW!**



Summer Camps

Got kids? Our summer camps are what kids want. We offer a variety of youth camps throughout the year that sure to be the fun choice for a school day out, spring break, and summer. Discovering a child's potential begins with you. **ACT NOW!**



GET FIT! FEEL BETTER! LIVE LONGER!

"Albany Parks and Recreation Sports has given me the opportunity to play ball with all my 4 sons. That's priceless! I've met tons of people and developed close friendships. Its a joy."

Don "Papa" Easdale



A healthy active community is a strong and growing community. You can't afford to not be in good shape; exercise is good medicine. Our sports programs are sure to be your prescription for good physical, mental, and emotional health.



Keeping families together... Our sports programs have been bringing Albany families together for over 40 years. As a family you'll be able to reach your fitness goals. Bring your family and see what the excitement is about... it's a whole new ball game.